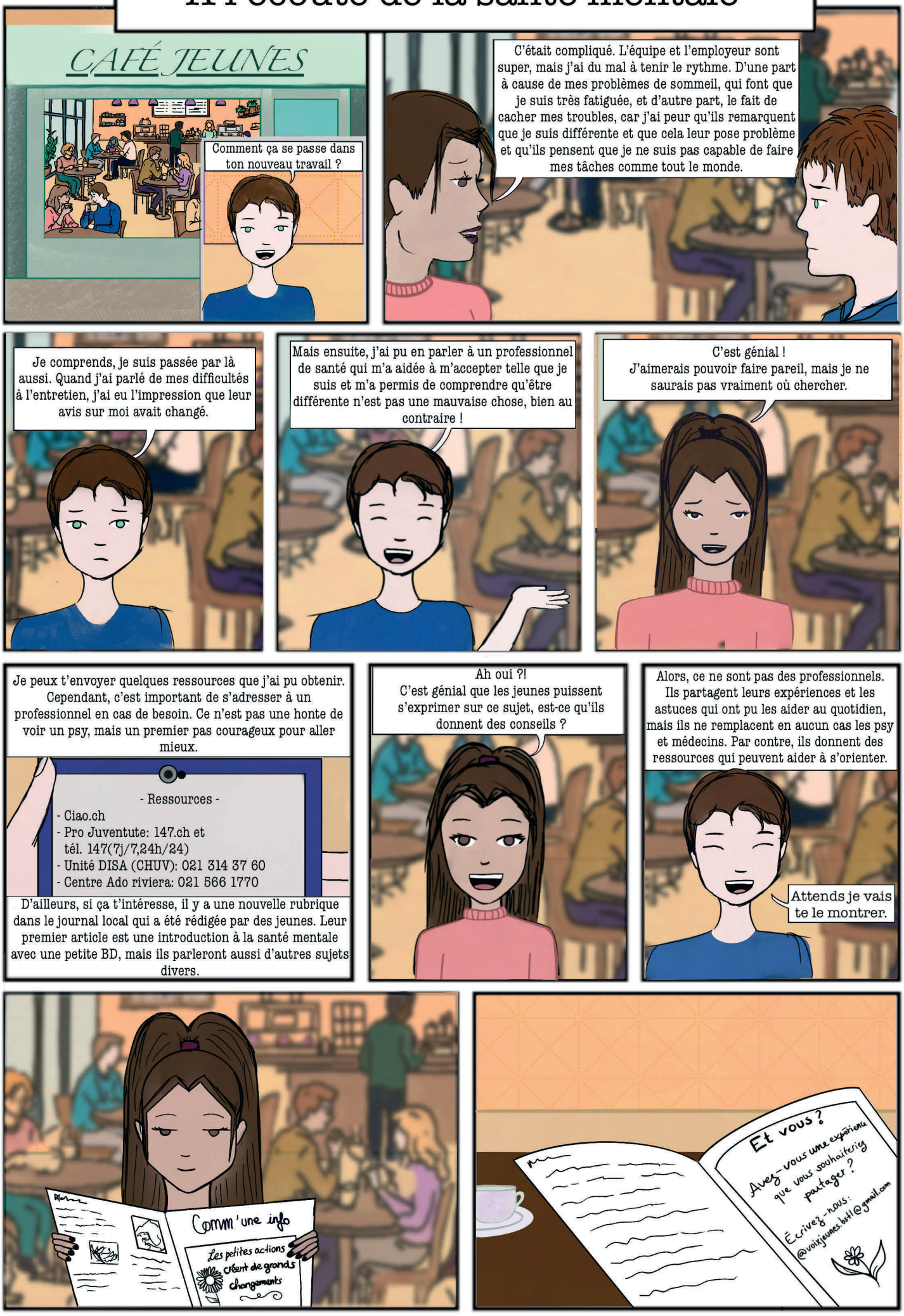À l'écoute de la santé mentale